

**St. Nicholas' National School Improvement Plan - June 2019**

<p><b>Summary of strengths in SPHE</b></p>	<ul style="list-style-type: none"> <li>• Pupils generally enjoy SPHE</li> <li>• Good variety of programmes taught in school</li> <li>• Proactive response and co-ordinated response to anti-bullying and personal safety</li> <li>• All pupils participate in SPHE classes</li> <li>• Good use of discretionary time for SPHE</li> <li>• Good initiatives in school such as Playground Buddies and the Friendship Stop.</li> <li>• Supportive parents.</li> <li>• The school has a nurturing environment.</li> </ul>
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<p><b>Summary of main areas requiring improvements</b></p>	<ul style="list-style-type: none"> <li>• More information on the content of SPHE classes for parents</li> <li>• Home/school link regarding SPHE</li> <li>• More time involving mindfulness.</li> </ul>
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Improvement Targets	Required Actions	Success Criteria / Measurable Outcomes	Persons Responsible	Timeframe for Actions
<ul style="list-style-type: none"> <li>• Parents are given more information about the various programmes used in SPHE</li> <li>• Develop closer links with home</li> </ul>	<ul style="list-style-type: none"> <li>• Home/school discussion sheet, to be signed by parents and returned to school.</li> <li>• From time to time, where appropriate, SPHE will form part of homework</li> </ul>	<ul style="list-style-type: none"> <li>• Home/school sheets are returned to school, signed and dated</li> <li>• Homework sheets returned and feedback from teachers and parents.</li> </ul>	<ul style="list-style-type: none"> <li>• All class teachers</li> <li>• All class teachers</li> </ul>	<ul style="list-style-type: none"> <li>• June 2020</li> <li>• June 2020</li> </ul>
<ul style="list-style-type: none"> <li>• More mindfulness in the classroom</li> </ul>	<ul style="list-style-type: none"> <li>• Investigate and use mindfulness programmes</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils more able to cope with stress</li> </ul>	<ul style="list-style-type: none"> <li>• All class teachers</li> </ul>	<ul style="list-style-type: none"> <li>• June 2020</li> </ul>

<p><b>Monitor and Review</b></p>	<p>Target 1: To maintain pupils' positive attitude towards SPHE</p> <p>Target 2: To give more information on topics and programmes in SPHE to parents.</p> <p>Target 3: To use mindfulness programmes.</p>	<p>End of year survey</p> <p>End of year survey</p> <p>Feedback from pupils and teachers at the end of the year.</p>
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	Review – June 2020